



## National Training Events for the Royal College of General Practitioners Introductory Certificate in Sexual Health

The RCGP Introductory Certificate in Sexual Health (ICSH) is ideal for generalist clinicians and practice nurses already working in general practice and provides a basic grounding in sexual health.

The course is set at a level which precedes the Diploma of the Faculty of Sexual and Reproductive Healthcare (DFSRH) and the BASHH Sexually Transmitted Infection Foundation (STIF) Course. These are recommended as next steps for general practice based clinicians who wish to gain further training in sexual health. Both doctors and nurses may take the STIF course, but the DFSRH is open only to clinicians registered with the General Medical Council. However, a wide range of courses at all levels is available to nurses: details of these can be found on the Royal College of Nursing and the Genito-Urinary Nurses Association websites.

The ICSH has been developed by the RCGP and the Medical Foundation for AIDS & Sexual Health (MedFASH) with funding from the Department of Health in partnership with the following organisations and their formal endorsement is pending:

British Association for Sexual Health & HIV (BASHH)

British HIV Association (BHIVA)

Faculty of Sexual & Reproductive Healthcare (FSRH).

fpa

National Association of Nurses in Contraception & Sexual Health (NANCSH)

National Chlamydia Screening Programme (NCSP)

Royal College of Nursing (RCN)

To obtain the Introductory Certificate in Sexual Health you must complete and pass the e-learning module and attend a face-to-face training day. It is essential that you complete the e-module before attending the face-to-face training. The day is equivalent to 6 hours of continuing professional development (CPD) and the cost of the Certificate, including the training day, certification and all materials is £300.

### Outline of the day

The day consists of four main sessions on the areas covered by the e-module and an information presentation on further training in sexual health. Each main session comprises a didactic plenary presentation followed by discussion in small groups of a case study which highlights and consolidates the learning from the presentation, with time for questions and comments at the end. A comprehensive participant pack containing useful reference materials is provided, and lunch and refreshments are included. The sessions are:

*Introduction and sexual history taking.* The first session gives an overview of current provision of sexual health services in general practice and lays out the rationale for increased provision. Assumptions about patients and barriers which may prevent practitioners from engaging with the subject in their consultations are examined. The elements of a sexual history are explained and useful strategies for how and when to raise sexual health matters with patients are provided.

*Sexually transmitted infections and related conditions.* The second session covers a wide range of bacterial and viral STIs and outlines a syndromic approach to the management of genital discharge and reproductive tract pain which includes both STIs and other causes. Guidance on best practice in management and referral is given.

*Contraception and abortion.* The third session of the day provides an overview of the various methods of contraception, including emergency contraception, failure rates, guidance on prescribing and sterilisation. Unwanted pregnancy and abortion are also covered.

*HIV (and hepatitis B and C).* The fourth session looks at the historical barriers to HIV testing in general practice and provides useful strategies for raising the issue with patients and giving test results. Basic epidemiology and risk behaviours are examined, and presenting symptoms of various stages of HIV infection are covered. The other important blood borne viruses are briefly touched upon in the course of the session.

*Where next.* This session briefly covers the options for further training in sexual health for those practitioners wishing to extend their knowledge.

The dates and locations of forthcoming training events are detailed on the registration form. To register for one of the national face-to-face training events, please print off, complete and return the form, with a cheque for £300 payable to **Medical Foundation for AIDS & Sexual Health** and a copy of your e-module pass certificate to:

Russell Fleet  
MedFASH  
BMA House  
Tavistock Square  
LONDON  
WC1H 9JP

E-mail: [rfleet@medfash.bma.org.uk](mailto:rfleet@medfash.bma.org.uk)

Tel: 020 7383 6801

Fax: 0870 442 1792



## RCGP Introductory Certificate in Sexual Health

### REGISTRATION FORM

Please tick the box by the date of the event you would like to attend

- | Date  | Venue  |
|---|--|
| <input type="checkbox"/> Wednesday 9 July 2008<br>9.30-16.30    | RCGP, 14 Princes Gate<br>LONDON, SW7 1PU           |
| <input type="checkbox"/> Monday 29 September 2008<br>9.30-16.30 | RCGP, 14 Princes Gate<br>LONDON, SW7 1PU           |
| <input type="checkbox"/> Friday 3 October 2008<br>9.30-16.30    | Palace Hotel, Oxford Street<br>MANCHESTER, M60 7HA |

Title		First name		Surname	
GMC/NMC Number			Date of Application		
Contact Address					
Postcode		Telephone			
E-mail address					

#### Booking conditions

- Places **can only** be guaranteed by sending payment with the registration form
- We **only** accept cheques for individual payments
- Cheques should be made payable to **Medical Foundation for AIDS & Sexual Health**
- We **do not** send out invoices for payment to individuals
- We **do not** accept credit or debit card payments
- We **do** send out receipts for payment to those individuals who request them
- A refund for cancellation can **only** be made if you cancel **more than 4 weeks** before the course date
- Refunds for cancellations or non-attendance are **not available less than 4 weeks** before the cancellation date unless another delegate can be found to fill your place
- In the event of MedFASH having to cancel the event, a full refund will be given and preferential offer of a place on the next available course

Please tick to indicate that you have read and accept the booking conditions

Signature: \_\_\_\_\_

Date: \_\_\_\_\_