



National Training Events for the Royal College of General Practitioners Introductory Certificate in Sexual Health

The RCGP Introductory Certificate in Sexual Health (ICSH) is an educational tool for generalist clinicians and practice nurses already working in general practice and provides a basic grounding in sexual health. Its introduction is particularly timely as changes to the QOF or 2009/10 include a reallocation of 10 points to sexual health - specifically advice on long acting methods of contraception.

The course level precedes that of the Diploma of the Faculty of Sexual and Reproductive Healthcare (DFSRH) and the British Associations for Sexual Health and HIV's (BASHH) Sexually Transmitted Infection Course (STIF). These are recommended as next steps for general practice-based clinicians who wish to obtain a competence-based qualification in sexual health, and therefore the ICSH is not suitable for those who already have a STIF or DFSRH, unless they wish to take a short refresher course.

To obtain the Introductory Certificate in Sexual Health you must complete and pass the **e-learning module 'Sexual Health in General Practice'** available on www.doctors.net.uk and www.uknursing.net and attend a face-to-face training day. It is essential that you complete the e-module before attending the face-to-face training. The e-module is equivalent to 2 hours of continuing professional development (CPD), and the day is equivalent to 6 hours. The cost of the Certificate, including the training day, certification and all materials is **£190**.

Outline of the day

The day consists of four didactic plenary sessions comprising a presentation followed by discussion in small groups of a case study. A comprehensive participant pack containing useful reference materials is provided, and lunch and refreshments are included. The sessions are:

Introduction and sexual history taking. Overview of current provision of sexual health services in general practice. Assumptions and barriers to engaging with sexual health in consultations. Sexual history taking and useful strategies for how to raise sexual health with patients.

Sexually transmitted infections and related conditions. Bacterial and viral STIs. Syndromic approach to genital discharge and reproductive tract pain. Guidance on best practice in management and referral.

Contraception and abortion. Overview of the various methods of contraception, including emergency contraception, failure rates, guidance on prescribing and sterilisation. Unwanted pregnancy and abortion.

HIV (and hepatitis B and C). HIV testing in general practice and useful strategies for raising the issue with patients and giving test results. Basic epidemiology and risk behaviours. Stages of HIV infection. Other blood borne viruses.

Where next. Further training in sexual health for those practitioners wishing to extend their knowledge.

The next two training events will be held in **Manchester** on **Friday 26 June 2009** and in **London** on **Friday 25 September 2009**. To register, please print off, complete and return the form, with a cheque for £190 payable to **Medical Foundation for AIDS & Sexual Health** and a copy of your e-module pass certificate and to:

Russell Fleet
MedFASH, BMA House
Tavistock Square
LONDON, WC1H 9JP
E-mail: rfleet@medfash.bma.org.uk

Tel: 020 7383 6801

Fax: 0870 442 1792



**RCGP Introductory Certificate in Sexual Health
REGISTRATION FORM**

Friday 26 June 2009, 9.30-16.00

**Malmaison Hotel, 1-3 Piccadilly
Manchester M1 1LZ**

Friday 25 September 2009, 9.30-16.00

**BMA House, Tavistock Square
London WC1H 9JP**

Please tick the event you would like to attend

Title		First name		Surname	
GMC/NMC Number					
Contact Address					
Postcode					
Telephone		Mobile			
E-mail address	(please ensure your junk mail filter is set to accept emails from rfleet@medfash.bma.org.uk)				

Booking conditions

- Places **can only** be guaranteed by sending payment with the registration form
- We **only** accept cheques for individual payments
- Cheques should be made payable to **Medical Foundation for AIDS & Sexual Health**
- We **do not** send out invoices for payment to individuals
- We **do not** accept credit or debit card payments
- A refund for cancellation can **only** be made if you cancel **more than 4 weeks** before the course date
- Refunds for cancellations or non-attendance are **not available less than 4 weeks** before the cancellation date unless another delegate can be found to fill your place
- In the event of MedFASH having to cancel the event, a full refund will be given and preferential offer of a place on the next available course

Please tick to indicate that you have read and accept the booking conditions

Please tick if you would like a receipt for payment (it will be sent by email)

Signature: _____

Date: _____

Please send with a cheque for £190 and your e-module pass certificate to:

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